



## Competition Format and Rules

### Gold Coast 2018 Commonwealth Games Competition Format

GC2018 will host the sport of weightlifting in 16 medal events across eight men's and eight women's weight categories:

With the exception of the women's 90kg and +90kg categories, each bodyweight category will have a maximum of 15 athletes competing. The women's 90kg and +90kg categories will be conducted in one competition session with a maximum of eight athletes in each category. A maximum limit of one athlete per CGA applies to all bodyweight categories.

The competition consists of two different lifts: the snatch, and the clean and jerk. Each competitor is allowed a maximum of three attempts in the snatch section of the competition and three attempts in the clean and jerk section. If an athlete fails to make a valid lift in the snatch, they will be eliminated from the event.

The competition officially starts with the introduction of athletes and the lifting begins 10 minutes later with the snatch. The athlete requesting the lightest weight lifts first and the weight of the bar is progressively increased, with each athlete making their attempts at the weights that they have chosen.

When all athletes have completed their snatch attempts, there is a 10-minute break in the competition before clean and jerk commences.

| Men's medal events: eight | Women's medal events: eight |
|---------------------------|-----------------------------|
| 56kg                      | 48kg                        |
| 62kg                      | 53kg                        |
| 69kg                      | 58kg                        |
| 77kg                      | 63kg                        |
| 85kg                      | 69kg                        |
| 94kg                      | 75kg                        |
| 105kg                     | 90kg                        |
| +105kg                    | +90kg                       |

### Competition rules:

The weightlifting competition at GC2018 will be delivered in accordance with the *IWF Technical and Competition Rules and Regulations* in effect at the time of the event.

Three referees officiate each attempt at the snatch and the clean and jerk.

The referees' decisions are indicated by a system of lights. A Good Lift is indicated by a white light, and an unsuccessful attempt, or No Lift, is indicated by a red light. The majority decision of the three referees indicates the result, so two or three white lights signal a Good Lift; while two or three red lights signal No Lift.

The ultimate control of the competition rests with the Jury and its primary function is to ensure that the *IWF Technical and Competition Rules and Regulations* are being correctly followed and applied. The five-person Jury is not a Jury of Appeal; however, it has the power to reverse a decision when the referee's decision has been judged unanimously by the Jury to be technically incorrect. In order to consider the reversal of a decision, the Jury must call the referees in



question to seek an explanation. If the explanation is accepted, no action is taken; if the explanation is not accepted, the Jury will reverse the decision. Such a decision and its reason must be communicated to the athlete and team official concerned and announced by the Speaker.

The athlete's best result in the snatch, and their best result in the clean and jerk, are added together to give a total, which in turn determines the rankings in the competition.

#### **Tiebreak rules:**

If, at the end of competition, two or more athletes attain the same combined total, the athlete who reached the total first, in accordance with the sequence of the competition, is classified before the other(s).

The following determining criteria is used to break the tie:

1. Best clean and jerk result – lowest first; if identical, then:
2. Best clean and jerk result's attempt number – lowest first; if identical, then:
3. Previous clean and jerk attempt(s) – lowest first; if identical, then:
4. Lot number – lowest first.

Rules are subject to change. Refer to the *IWF Technical and Competition Rules and Regulations* for the most accurate information.

#### **Award of medals:**

One gold, one silver and one bronze medal is awarded per gender and weight category for the athlete's combined total (snatch plus clean and jerk).

#### **Penalties/disqualification rules:**

There are no penalties in weightlifting and disqualification only applies in case of violation of the rules.

#### **Protests/appeals:**

No protest or request for correction is accepted.