



## Records

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Bodyweight Category	Lift	Result	Name	Nation Code	Date of Birth	Date	Location
<b>48kg</b>							
<b>World Record</b>							
	Snatch	98kg	YANG Lian	CHN	16 OCT 1982	1 OCT 2006	Santo Domingo (DOM)
	Clean & Jerk	121kg	TAYLAN Nurcan	TUR	29 OCT 1983	17 SEP 2010	Antalya (TUR)
	Total	217kg	YANG Lian	CHN	16 OCT 1982	1 OCT 2006	Santo Domingo (DOM)
<b>Senior Commonwealth Record</b>							
	Snatch	85kg	MIRABAI Chanu Saikhom	IND	8 AUG 1994	5 SEP 2017	Gold Coast, QLD (AUS)
	Clean & Jerk	109kg	MIRABAI Chanu Saikhom	IND	8 AUG 1994	29 NOV 2017	Anaheim, CA (USA)
	Total	194kg	MIRABAI Chanu Saikhom	IND	8 AUG 1994	29 NOV 2017	Anaheim, CA (USA)
<b>Games Record</b>							
	Snatch	77kg	NWAOKOLO Augustina	IND	12 DEC 1982	4 OCT 2010	New Dehli (IND)
	Clean & Jerk	98kg	NWAOKOLO Augustina	IND	12 DEC 1982	4 OCT 2010	New Dehli (IND)
	Total	175kg	NWAOKOLO Augustina	IND	12 DEC 1982	4 OCT 2010	New Dehli (IND)
<b>World Junior Record</b>							
	Snatch	95kg	WANG Mingjuan	CHN	21 MAY 1985	9 NOV 2005	Doha (QAT)
	Clean & Jerk	118kg	WANG Mingjuan	CHN	21 MAY 1985	9 NOV 2005	Doha (QAT)
	Total	213kg	WANG Mingjuan	CHN	21 MAY 1985	9 NOV 2005	Doha (QAT)
<b>Junior Commonwealth Record</b>							
	Snatch	77kg	VENI Neelamsetty Krishna	IND	1 JAN 1982	14 DEC 2002	Visakhapatnam (IND)
	Clean & Jerk	105kg	UDOH Blessed	NGR	17 NOV 1984	14 AUG 2004	Athens (GRE)
	Total	180kg	UDOH Blessed	NGR	17 NOV 1984	14 AUG 2004	Athens (GRE)
<hr/>							
<b>53kg</b>							
<b>World Record</b>							
	Snatch	103kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
	Clean & Jerk	134kg	CHINSHANLO Zulfiya	KAZ	25 JUL 1993	10 NOV 2014	Almaty (KAZ)
	Total	233kg	HSU Shu-ching	TPE	9 MAY 1991	21 SEP 2014	Incheon (KOR)
<b>Senior Commonwealth Record</b>							
	Snatch	88kg	DOZOIS-PREVOST Marilou	CAN	11 MAY 1986	22 MAY 2011	Scarborough, ON (CAN)
	Clean & Jerk	115kg	TURCOTTE Maryse	CAN	23 FEB 1975	19 MAY 2001	Collingwood, ON (CAN)
	Total	202kg	FIDELIS Chinenye	NGR	28 OCT 1993	31 MAR 2012	Nairobi (KEN)
<b>Games Record</b>							
	Snatch	83kg	SINGH Swarti	IND	2 OCT 1987	25 JUL 2014	Glasgow (SCO)
	Clean & Jerk	111kg	TOUA Dika	PNG	23 JUN 1984	25 JUL 2014	Glasgow (SCO)
	Total	193kg	TOUA Dika	PNG	23 JUN 1984	25 JUL 2014	Glasgow (SCO)
<b>World Junior Record</b>							
	Snatch	102kg	ZHANG Wanqiong	CHN	21 JAN 1994	21 SEP 2014	Incheon (KOR)
	Clean & Jerk	130kg	CHINSHANLO Zulfiya	KAZ	25 JUL 1993	6 NOV 2011	Paris (FRA)
	Total	228kg	ZHANG Wanqiong	CHN	21 JAN 1994	21 SEP 2014	Incheon (KOR)
<b>Junior Commonwealth Record</b>							
	Snatch	87kg	FIDELIS Chinenye	NGR	28 OCT 1993	31 MAR 2012	Nairobi (KEN)
	Clean & Jerk	115kg	FIDELIS Chinenye	NGR	28 OCT 1993	6 NOV 2011	Paris (FRA)
	Total	202kg	FIDELIS Chinenye	NGR	28 OCT 1993	31 MAR 2012	Nairobi (KEN)



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<b>58kg</b>							
<b>World Record</b>							
	Snatch	112kg	KOSTOVA Boyanka Minkova	AZE	10 MAY 1993	23 NOV 2015	Houston, TX (USA)
	Clean & Jerk	142kg	KUO Hsing-chun	TPE	26 NOV 1993	21 AUG 2017	Taipei (TPE)
	Total	252kg	KOSTOVA Boyanka Minkova	AZE	10 MAY 1993	23 NOV 2015	Houston, TX (USA)
<b>Senior Commonwealth Record</b>							
	Snatch	96kg	LEE Seen	AUS	15 NOV 1982	20 DEC 2008	Melbourne, VIC (AUS)
	Clean & Jerk	122kg	FIDELIS Chinenye	NGR	28 OCT 1993	10 MAY 2016	Yaounde (CMR)
	Total	212kg	BREEZE Michaela	WAL	17 MAY 1979	21 APR 2004	Kiev (UKR)
<b>Games Record</b>							
	Snatch	93kg	BREEZE Michaela	WAL	17 MAY 1979	26 JUL 2014	Glasgow (SCO)
	Clean & Jerk	118kg	SMITH Zoe	ENG	26 APR 1994	26 JUL 2014	Glasgow (SCO)
	Total	210kg	SMITH Zoe	ENG	26 APR 1994	26 JUL 2014	Glasgow (SCO)
<b>World Junior Record</b>							
	Snatch	110kg	WANG Li	CHN	10 SEP 1985	10 AUG 2003	Bali (IDN)
	Clean & Jerk	139kg	GU Wei	CHN	25 APR 1986	11 NOV 2005	Doha (QAT)
	Total	244kg	DENG Wei	CHN	14 FEB 1993	7 NOV 2012	Eilat (ISR)
<b>Junior Commonwealth Record</b>							
	Snatch	92kg	EBHOMIEN Evelyn	NGR	15 FEB 1981	18 SEP 2000	Sydney, AUS (AUS)
	Clean & Jerk	121kg	SMITH Zoe	ENG	26 APR 1994	30 JUL 2012	London (ENG)
	Total	211kg	SMITH Zoe	ENG	26 APR 1994	30 JUL 2012	London (ENG)
<hr/>							
<b>63kg</b>							
<b>World Record</b>							
	Snatch	117kg	TSARUKAEVA Svetlana	RUS	25 DEC 1987	8 NOV 2011	Paris (FRA)
	Clean & Jerk	147kg	DENG Wei	CHN	14 FEB 1993	9 AUG 2016	Rio de Janeiro (BRA)
	Total	262kg	DENG Wei	CHN	14 FEB 1993	9 AUG 2016	Rio de Janeiro (BRA)
<b>Senior Commonwealth Record</b>							
	Snatch	106kg	GIRARD Christine	CAN	3 JAN 1985	20 AUG 2011	Lake Country, BC (CAN)
	Clean & Jerk	134kg	GIRARD Christine	CAN	3 JAN 1985	31 MAR 2012	Edmonton, AB (CAN)
	Total	238kg	GIRARD Christine	CAN	3 JAN 1985	25 OCT 2011	Guadalajara (MEX)
<b>Games Record</b>							
	Snatch	100kg	BREEZE Michaela	WAL	17 MAY 1975	19 MAR 2006	Melbourne, VIC (AUS)
	Clean & Jerk	121kg	GIRARD Christine	CAN	3 JAN 1985	19 MAR 2006	Melbourne, VIC (AUS)
	Total	220kg	BREEZE Michaela	WAL	17 MAY 1979	19 MAR 2006	Melbourne, VIC (AUS)
<b>World Junior Record</b>							
	Snatch	115kg	TSARUKAEVA Svetlana	RUS	25 DEC 1987	23 SEP 2007	ChiangMai (THA)
	Clean & Jerk	136kg	JO Pok Hyang	PRK	15 NOV 1992	11 NOV 2012	Yangon (MYA)
	Total	250kg	TSARUKAEVA Svetlana	RUS	25 DEC 1987	23 SEP 2007	ChiangMai (THA)
<b>Junior Commonwealth Record</b>							
	Snatch	95kg	HARITHA Paspurthu	IND	1 JAN 1985	16 JAN 2004	New Delhi (IND)
	Clean & Jerk	127kg	OKOLI Obioma	NGR	3 JUL 1992	12 OCT 2011	Capetown (RSA)
	Total	220kg	OKOLI Obioma	NGR	3 JUL 1992	7 NOV 2011	Paris (FRA)



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<b>69kg</b>							
<b>World Record</b>							
	Snatch	123kg	SLIVENKO Oxana	RUS	20 DEC 1986	4 OCT 2006	Santo Domingo (DOM)
	Clean & Jerk	157kg	KASAEVA Zarema	RUS	25 FEB 1987	13 NOV 2005	Doha (QAT)
	Total	276kg	SLIVENKO Oxana	RUS	18 SEP 1983	24 SEP 2007	ChiangMai (THA)
<b>Senior Commonwealth Record</b>							
	Snatch	110kg	MALLESWARI Karnam	IND	1 JUN 1975	19 SEP 2000	Sydney, AUS (AUS)
	Clean & Jerk	136kg	LASSEN Jeane	CAN	26 SEP 1980	4 OCT 2006	Santo Domingo (DOM)
	Total	240kg	MALLESWARI Karnam	IND	1 JUN 1975	19 SEP 2000	Sydney, AUS (AUS)
<b>Games Record</b>							
	Snatch	105kg	GIRARD Christine	CAN	3 JAN 1985	8 OCT 2010	New Dehli (IND)
	Clean & Jerk	132kg	LASSEN Jeane	CAN	26 SEP 1980	20 MAR 2006	Melbourne, VIC (AUS)
	Total	235kg	GIRARD Christine	CAN	3 JAN 1985	8 OCT 2010	New Dehli (IND)
<b>World Junior Record</b>							
	Snatch	123kg	SLIVENKO Oxana	RUS	20 DEC 1986	4 OCT 2006	Santo Domingo (DOM)
	Clean & Jerk	157kg	KASAEVA Zarema	RUS	25 FEB 1987	13 NOV 2005	Doha (QAT)
	Total	275kg	LIU Chunhong	CHN	1 JAN 1985	19 AUG 2004	Athens (GRE)
<b>Junior Commonwealth Record</b>							
	Snatch	102kg	TILER Rebekah	ENG	13 JAN 1999	11 JUN 2016	Coventry (ENG)
	Clean & Jerk	130kg	YAMECHI Madeleine	CMR	6 MAR 1982	2 AUG 2002	Manchester (ENG)
	Total	230kg	YAMECHI Madeleine	CMR	6 MAR 1982	2 AUG 2002	Manchester (ENG)
<b>75kg</b>							
<b>World Record</b>							
	Snatch	135kg	ZABOLOTNAIA Natalia	RUS	15 AUG 1985	17 DEC 2011	Belgorod (RUS)
	Clean & Jerk	164kg	KIM Un Ju	PRK	11 NOV 1989	25 SEP 2014	Incheon (KOR)
	Total	296kg	ZABOLOTNAIA Natalia	RUS	15 AUG 1985	17 DEC 2011	Belgorod (RUS)
<b>Senior Commonwealth Record</b>							
	Snatch	115kg	NGAKE Madias Nzesso	CMR	20 APR 1992	3 AUG 2012	London (ENG)
	Clean & Jerk	140kg	OGBEIFO Ruth	NGR	18 APR 1972	20 SEP 2000	Sydney, AUS (AUS)
	Total	250kg	BEAUCHEMIN-NADEAU Marie-Eve	CAN	13 OCT 1988	29 JUL 2014	Glasgow (SCO)
<b>Games Record</b>							
	Snatch	110kg	ZAKARI Hadiza	NGR	10 SEP 1987	9 OCT 2010	New Dehli (IND)
	Clean & Jerk	140kg	BEAUCHEMIN-NADEAU Marie-Eve	CAN	13 OCT 1988	29 JUL 2014	Glasgow (SCO)
	Total	250kg	BEAUCHEMIN-NADEAU Marie-Eve	CAN	13 OCT 1988	29 JUL 2014	Glasgow (SCO)
<b>World Junior Record</b>							
	Snatch	130kg	ZABOLOTNAIA Natalia	RUS	15 AUG 1985	13 NOV 2005	Doha (QAT)
	Clean & Jerk	159kg	LIU Chunhong	CHN	29 JAN 1985	13 NOV 2005	Doha (QAT)
	Total	286kg	PODOBEDOVA Svetlana	RUS	25 MAY 1986	2 JUN 2006	Hangzhou (CHN)
<b>Junior Commonwealth Record</b>							
	Snatch	115kg	NGAKE Madias Nzesso	CMR	20 APR 1992	3 AUG 2012	London (ENG)
	Clean & Jerk	132kg	SAILAJA Pujari	IND	12 JUN 1982	19 FEB 2002	Visakhapatnam (IND)
	Total	246kg	NGAKE Madias Nzesso	CMR	20 APR 1992	3 AUG 2012	London (ENG)



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Bodyweight Category	Lift	Result	Name	Nation Code	Date of Birth	Date	Location
<b>90kg</b>							
<b>World Record</b>							
	Snatch	130kg	SHAIMARDANOVA Victoria	UKR	11 OCT 1973	21 AUG 2004	Athens (GRE)
	Clean & Jerk	160kg	KHURSHUDYAN Hripsime	ARM	27 JUL 1987	25 SEP 2010	Antalya (TUR)
	Total	283kg	KHURSHUDYAN Hripsime	ARM	27 JUL 1987	25 SEP 2010	Antalya (TUR)
<b>Senior Commonwealth Record</b>							
	Snatch	111kg	CIKAMATANA Eileen	FIJ	18 SEP 1999	24 SEP 2017	Ashgabat (TKM)
	Clean & Jerk	143kg	CIKAMATANA Eileen	FIJ	18 SEP 1999	7 DEC 2017	Port Villa (VAN)
	Total	253kg	CIKAMATANA Eileen	FIJ	18 SEP 1999	24 SEP 2017	Ashgabat (TKM)
<b>Games Record</b>							
	Snatch	104kg	FASSINA Kaity	AUS	17 JUL 1990	9 APR 2018	Gold Coast (AUS)
	Clean & Jerk	130kg	CIKAMATANA Eileen	FIJ	17 JUL 1990	9 APR 2018	Gold Coast (AUS)
	Total	233kg	CIKAMATANA Eileen	FIJ	18 SEP 1999	9 APR 2018	Gold Coast (AUS)
<b>World Junior Record</b>							
	Snatch	125kg	KASHIRINA Tatiana	RUS	24 JAN 1991	11 APR 2009	Bucharest (ROU)
	Clean & Jerk	155kg	KASHIRINA Tatiana	RUS	24 JAN 1991	11 APR 2009	Bucharest (ROU)
	Total	280kg	KASHIRINA Tatiana	RUS	24 JAN 1991	11 APR 2009	Bucharest (ROU)
<b>Junior Commonwealth Record</b>							
	Snatch	111kg	CIKAMATANA Eileen	FIJ	18 SEP 1999	24 SEP 2017	Ashgabat (TKM)
	Clean & Jerk	143kg	CIKAMATANA Eileen	FIJ	18 SEP 1999	7 DEC 2017	Port Villa (VAN)
	Total	253kg	CIKAMATANA Eileen	FIJ	18 SEP 1999	24 SEP 2017	Ashgabat (TKM)
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<b>+90kg</b>							
<b>World Record</b>							
	Snatch	155kg	KASHIRINA Tatiana	RUS	24 JAN 1991	16 NOV 2014	Almaty (KAZ)
	Clean & Jerk	193kg	KASHIRINA Tatiana	RUS	24 JAN 1991	16 NOV 2014	Almaty (KAZ)
	Total	348kg	KASHIRINA Tatiana	RUS	24 JAN 1991	16 NOV 2014	Almaty (KAZ)
<b>Senior Commonwealth Record</b>							
	Snatch	131kg	HUBBARD Laurel	NZL	9 FEB 1978	11 JUN 2017	Auckland (NZL)
	Clean & Jerk	161kg	OPELOGE Ele	SAM	11 JUL 1985	7 SEP 2011	Mont Dore (FRA)
	Total	285kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT 2010	New Delhi (IND)
<b>Games Record</b>							
	Snatch	125kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT 2010	New Dehli (IND)
	Clean & Jerk	160kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT 2010	New Dehli (IND)
	Total	285kg	OPELOGE Ele	SAM	11 JUL 1985	10 OCT 2010	New Dehli (IND)
<b>World Junior Record</b>							
	Snatch	148kg	KASHIRINA Tatiana	RUS	24 JAN 1991	18 DEC 2011	Belgorod (RUS)
	Clean & Jerk	181kg	KASHIRINA Tatiana	RUS	24 JAN 1991	17 APR 2011	Kazan (RUS)
	Total	327kg	KASHIRINA Tatiana	RUS	24 JAN 1991	17 APR 2011	Kazan (RUS)
<b>Junior Commonwealth Record</b>							
	Snatch	117kg	USMAN Maryam	NGR	9 NOV 1990	29 SEP 2007	Chiang Mai (THA)
	Clean & Jerk	150kg	USMAN Maryam	NGR	9 NOV 1990	15 MAY 2008	Strand (RSA)
	Total	265kg	USMAN Maryam	NGR	9 NOV 1990	15 MAY 2008	Strand (RSA)

New Games Record set, Women's 90kg  
Correction to New Games Record for Women's 90kg - Clean & Jerk